

Overview for PSHE and SRE

At Beechwood Primary School, we aim to provide learning opportunities through the scheme 1decision. This includes keeping and staying safe, being responsible and learning to deal with feelings and emotions. As part of PSHE children are also taught about preparing for the world of work through learning about money and enterprise.

As part of 'Sex and Relationship' education children learn about how to be part of a healthy relationship, staying safe, puberty and conception. This work is carried out age appropriately and in line with statutory requirements. Alongside this scheme we also use a story telling approach to relationship education, the books that are used can be seen below. Parents are invited into school annually to discuss what their children will be covering throughout these lessons.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Keeping / Staying Safe	Keeping / Staying Healthy	Relationships	Being responsible	Feelings and Emotions	Hazard Watch
Year 1	<p>Road Safety Looks at how we can stay safe when crossing the road and travelling in a vehicle.</p>	<p>Washing Hands Looks at why we should wash our hands and the consequences of not doing so.</p>	<p>Friendship Looks at how we behave with our friends and how these behaviours can affect others</p>	<p>Water Spillage Looks at the different ways we can cause accidents and how we can prevent them from happening.</p>	<p>Jealousy Emphasises the need to recognize our own strengths and those of the people around us, as teaches students to deal with feelings of jealousy.</p>	<p>Is it safe to eat and drink? Allows students to identify what items may be safe or unsafe to eat or drink. Is it safe to play with? Allows students to identify what items may be safe or unsafe to play with.</p>

Year 2	Tying Shoelaces Looks at how we can prevent accidents that are often caused when rushing around.	Healthy Eating Looks at how we can make healthy food choices and what might happen if we choose to eat too much healthy food. Brushing Teeth Looks at why we should brush our teeth and the consequences of not doing so often enough.	Bullying Looks at how our actions and words can affect others, and enables students to explore kind and positive behaviours Body Language Looks at recognizing how other people maybe feeling and allows students to explore the different ways we can express our emotions.	Practice makes Perfect Looks at setting goals and developing skills and strategies to achieve those goals. Helping Someone in Need Looks at how we can help others at home and in the community and the risks of helping someone we don't know very well.	Worry Allows students to identify what they can do and who they can talk to if they feel worried about something. Anger Looks at the differences between healthy and unhealthy anger and enables students to identify ways they can manage their anger.	Money Matters Money Matters An early introduction to money.
	Staying Safe Looks at the dangers of venturing off with people we don't know very well. Leaning out of windows Looks at the risk of falling from heights and their various dangers we may find in our homes and communities.	Medicine Looks at why we take medicine and the dangers of taking it without a trusted adult's permission and supervision.	Touch Looks at appropriate and inappropriate touch and enables students to explore who they can talk to if they feel uncomfortable in a relationship.	Stealing Looks at the differences between stealing and borrowing.	Grief Looks at the different feelings we can experience when we lose someone or something we loved, and enables students to identify ways they can cope when grieving.	Money Matters Explores money and how we can keep it safe.
	Keeping / Staying Safe	Keeping / Staying Healthy	Growing and Changing	Being responsible	Feelings and Emotions	The Working World
Year 4	Cycle Safety Looks at distractions on the road and how our actions can cause others harm.	Healthy Living Looks at how certain types of food can affect our performance in a sports event.	Relationships (Appropriate Touch) Explores the difficult subject of how relationships can be unhealthy or uncomfortable.	Coming Home on Time Looks at rules and guidelines children may have to follow.	Jealousy Looks at how the feeling of jealousy can arise when someone new is introduced to a friendship group.	Chores at Home Explores the responsibilities that children may have now and in the future.

Year 5	<p>Peer Pressure This video looks at how we can be influenced and pressured to make unsafe choices.</p>	<p>Smoking Explores how someone can be pressured into smoking.</p>	<p>Puberty Puberty is a short, animated video that looks at the different changes boys and girls go through.</p>	<p>Looking out for Others Looks at the responsibility we have if we witness someone being bullied.</p>	<p>Anger Looks at the ways in which we can manage our emotions when we are unable to do something we wanted.</p>	<p>Enterprise Looks at how children can help pay for items they would like.</p>
Year 6	<p>Water Safety Explores the topic of trespassing and the dangers on swimming in open or unknown waters.</p>	<p>Alcohol Explores the dangers of alcohol and how people can be affected by alcohol in different ways.</p>	<p>Conception A short, animated video that looks at how a baby is conceived and the various stages of pregnancy.</p>	<p>Stealing Explores the topic of taking something from a family member without asking.</p>	<p>Worry This video looks at transition and the feelings a child can have when starting a new school.</p>	<p>In-App Purchases Provides a subtle introduction to debt and looks at paying for items through apps or games.</p>

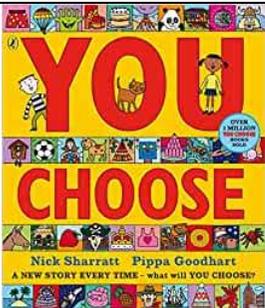
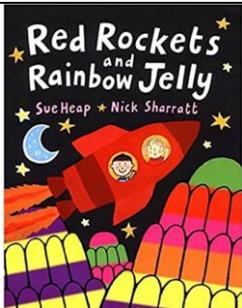
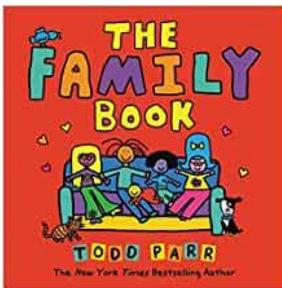
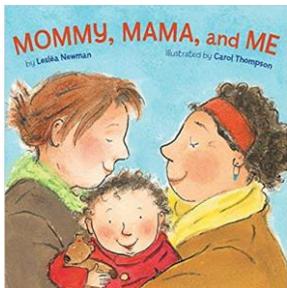
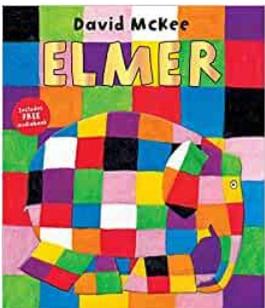
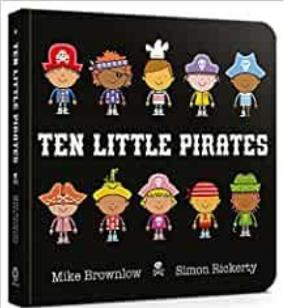
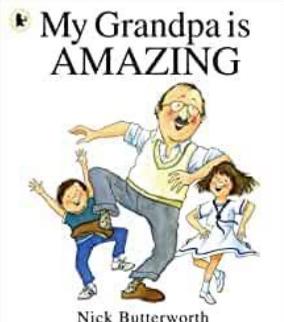
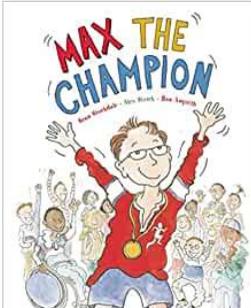
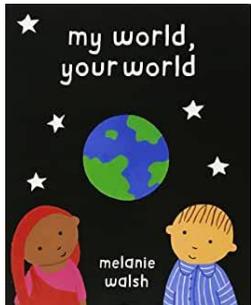
Computer Safety Units of work will be delivered alongside taking part in Safer Internet Day

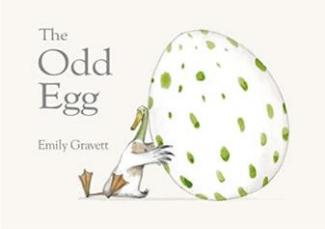
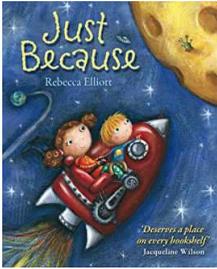
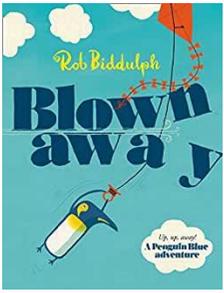
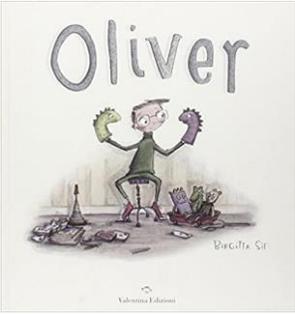
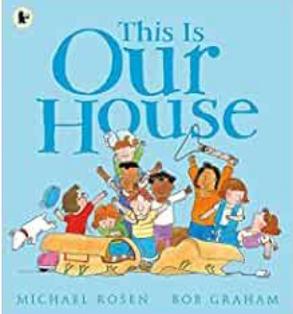
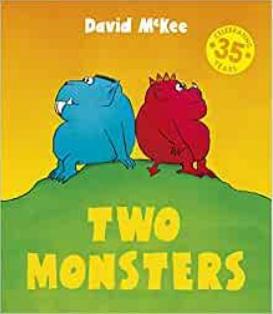
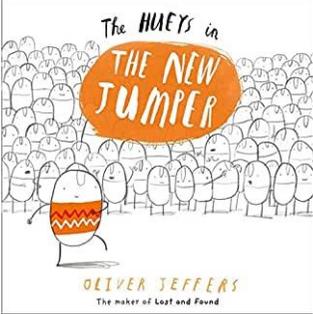
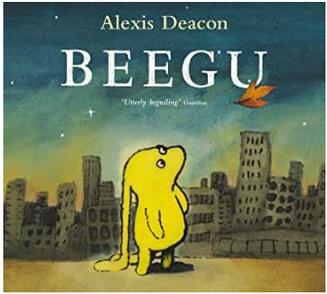
	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Computer Safety	<p>Online Bullying Looks at being kind and thoughtful online and in real life and allows students to explore what they can do if they feel bullied online.</p>	<p>Image Sharing Looks at the types of images we shouldn't share online and how quickly an image can be shared.</p>	<p>Making Friends Online Looks at the steps we should take to keep ourselves safe and the dangers of meeting someone from the internet in real life.</p> <p>Computer Safety Documentary Recaps all of the learning points from the topics and allows students to identify more ways to keep themselves online.</p>	<p>Online Bullying Looks at the actions we can take if we feel like we are being bullied online.</p>	<p>Image Sharing Looks at how we can be pressured into sending images and how to manage this.</p>	<p>Making Friends Online Looks at the dangers of meeting people we have only spoken to online.</p>

There are also optional units to be delivered when appropriate during the year.

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Fire Safety	<p>Hoax Calling Looks at the risks of making a hoax call to the emergency services and how our actions can affect others.</p>	<p>Petty Arson Looks at the dangers of playing with lighters and the risk of causing fires</p>	<p>Texting Whilst Driving Looks at the different types of actions that could distract a driver and how children can influence an adults decision.</p> <p>Enya and Deedee Visit the Fire Station Allows students to explore further how they can prevent fires and what they should do if a fire starts in their home.</p>			
A World Without Judgement				<p>Breaking Down Barriers Explores removing barriers and supporting those who have physically disabilities.</p>	<p>Inclusion and Acceptance Explores the topic of a child having same sex parents</p>	<p>British Values Looks at how we can be inclusive and insure everyone's beliefs and needs are respected.</p>

As part of the story telling approach these are some of the books that will be used with children. If you would like to read any of the books please speak to your child's class teacher.

EYFS				
<p>You Choose Nick Sharratt & Pippa Goodheart</p>	<p>Red Rockets and Rainbow Jelly Sue Heap & Nick Sharratt</p>	<p>Blue Chameleon Emily Gravett</p>	<p>The Family Book Todd Parr</p>	<p>Mommy, Mama and me Leslea Newman and Carol Thompson</p>
				
To say what I think.	To understand that it is OK to like different things.	To make friends with someone different.	To understand that all families are different.	To celebrate my family.
YEAR 1				
<p>Elmer David Mckee</p>	<p>Ten Little Pirates Mike Brownlow and Simon Rickerty</p>	<p>My Grandpa is Amazing Nick Butterworth</p>	<p>Max the Champion Sean Stockdale, Alexandra Strick and Ros Asquith</p>	<p>Mr World, Your World Melanie Walsh</p>
				

To like the way I am.	To play with boys and girls.	To recognise that people are different ages.	To understand that our bodies work in different ways.	To understand that we share the world with lots of people.
YEAR 2				
The Great Big Book of Families Mary Hoffman and Ros Asquith	The First Slodge Jeanne Willis	The Odd Egg Emily Gravett	Just Because Rebecca Elliot	Blown Away Rob Biddulph
				
To understand what diversity is.	To understand how we share the world.	To understand what makes someone feel proud.	To feel proud of being different.	To be able to work with everyone in my class.
YEAR 3				
Oliver Birgitta Sif	This is our House Michael Rosen	Two Monsters David Mckee	The Hueys in the New Jumper Oliver Jeffers	Beegu Alexis Deacon
				
To understand how difference can affect someone.	To understand what 'discrimination' means.	To find a solution to a problem.	To use strategies to help someone who feels different.	To be welcoming.

YEAR 4

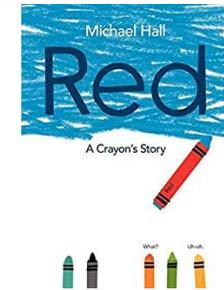
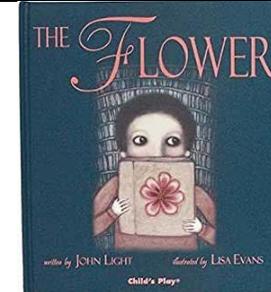
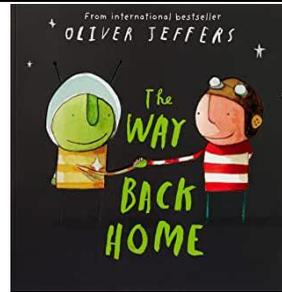
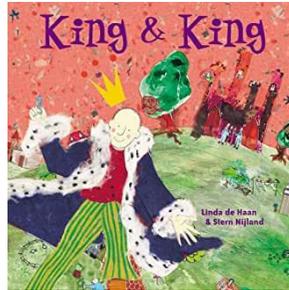
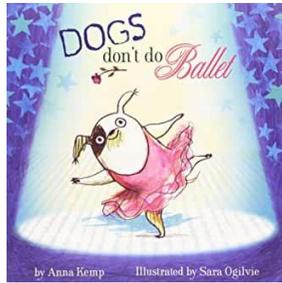
Dog's Don't Do Ballet
Anna Kemp and Sarah Ogilvie

King and King
Linda de Haan and
Stern Nijland

The Way Back Home
Oliver Jeffers

The Flower
John Light

Red: A Crayon's Story
Michael Hall



To know when to be assertive.

To understand why people choose to get married.

To overcome language as a barrier.

To ask questions.

To be who you want to be.

YEAR 5

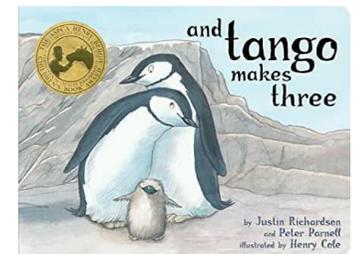
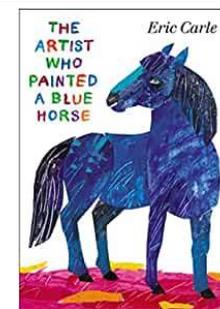
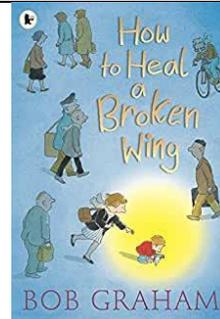
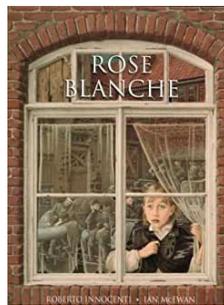
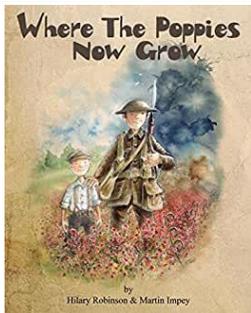
Where the Poppies Now Grow
Hilary Robinson and
Martin Impey

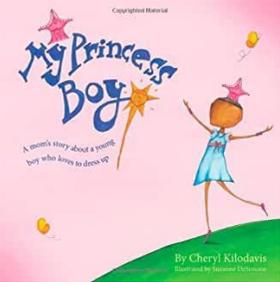
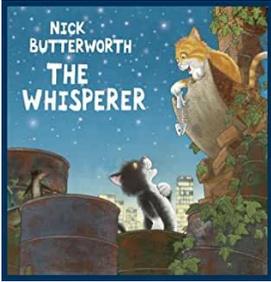
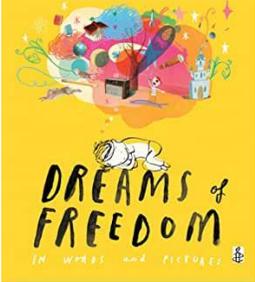
Rose Blanche
Ian McEwan and
Roberto Innocenti

How to Heal a Broken Wing
Bob Graham

The Artist Who Painted a Blue Horse
Eric Carle

And Tango Makes Three
Justin Richardson and
Peter Parnell



To learn from our past.	To justify my actions.	To recognise when someone needs help.	To appreciate artistic freedom.	To accept people are different from me.
YEAR 6				
My Princess Boy Cheryl Kilodavis and Suzanne DeSimone	The Whisperer Nick Butterworth	The Island Armin Greder	Love You Forever Robert Munsch	Dreams of Freedom Amnesty International
				
To promote diversity.	To stand up to discrimination.	To challenge the cause of racism.	To consider how my life may change as I grow up.	To recognise my freedom.