

Long Term Plan for Physical Education

At Beechwood Primary School, we aim to provide learning opportunities in physical education which encourage children to:

- develop competence to excel in a broad range of physical activities
- be physically active for sustained periods of time
- engage in competitive sports and activities
- succeed and excel in competitive sport and other physical activities
- lead healthy, active lives
- build values and embed values such as fairness and respect
- Reflect on their own and other's performance

	Autumn		Spring		Summer	
Year 1	Throwing and catching -	Gymnastics	Dance	Running and jumping	Athletics	Invasion games
Year 2	Ball skills	Gymnastics	Dance	Handling equipment	Athletics	Attacking and defending
Year 3	Tag rugby	Gymnastics	Dance	Tennis	Athletics	Hockey
Year 4	Basketball	Gymnastics	Dance	Football	Athletics	Cricket
Year 5	Handball	Gymnastics	Dance	Tag rugby	Athletics	Rounders
Year 6	Dodgeball	Gymnastics	Dance	Tennis	Athletics	Hockey

